

Studio 89 Inc. 2021 / 2022 Competitive Schedule



PRE-COMP

(New Pre-Comp's – Ages 5/7)

MONDAYS
4:30 – 5:15 Pre-Comp Jazz *
5:15 – 5:45 Pre-Comp Tap
THURSDAYS
4:45 – 5:15 Acro 1
5:45 – 6:30 Pre-Comp Ballet *
FRIDAYS
6:00 – 6:30 Pre-Comp Hip Hop

MINI COMP

(Previously Novice)

MONDAYS
4:15 – 5:00 Mini Ballet Technique*
5:00 – 5:30 Mini Ballet Choreo
5:45 – 6:30 Mini Jazz Technique*
6:30 – 7:00 Mini Jazz Choreo
7:00 – 7:45 Mini/Junior Hip Hop
TUESDAYS
5:30 – 6:15 Mini Ballet Technique*
6:15 – 7:00 Mini Jazz Technique*
7:00 – 7:30 Mini Lyrical
WEDNESDAYS
5:15 – 6:00 Mini/Junior Tap
6:00 – 6:30 Mini/Junior Musical Theatre
THURSDAYS
4:15 – 5:00 Mini/Junior Stretch & Conditioning*
5:15 – 5:45 Mini Modern
5:45 – 6:30 Acro 2

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JUNIOR COMP

(Previously Mini Comp)

MONDAYS
7:00 – 7:45 Mini/Junior Hip Hop
7:45 – 8:30 Acro 3
TUESDAYS
4:15 – 5:00 Junior Jazz Technique*
5:00 – 5:30 Junior Lyrical
WEDNESDAYS
5:15 – 6:00 Mini/ Junior Tap
6:00 – 6:30 Mini/Junior Musical Theatre
6:45 – 7:30 Junior Ballet Technique*
7:30 – 8:00 Junior Ballet Choreo
THURSDAYS
4:15 – 5:00 Mini/Junior Stretch & Conditioning*
5:00 – 5:45 Junior Ballet Technique*
5:45 – 6:30 Acro 2
6:30 – 7:15 Junior Jazz Technique*
7:15 – 7:45 Junior Jazz Choreo
7:45 – 8:15 Junior Contemporary

INTERMEDIATE COMP

(Previously Junior Comp)

MONDAYS
5:30 – 6:15 Intermediate/Senior Stretch & Conditioning*
6:15 – 7:00 Int/Sr Hip Hop
7:00 – 8:00 Int/Sr Ballet Technique*
8:00 – 8:30 Intermediate Pointe/Pre-Pointe*
8:30 – 9:00 Acro 4
TUESDAYS
6:15 – 7:15 Int/Sr Jazz Technique*
7:15 – 7:45 Int Jazz Choreo
7:45 – 8:45 Int Ballet Technique*
WEDNESDAYS
4:15 – 5:45 Int/Sr Jazz Technique*
5:45 – 6:15 Int/Sr Lyrical
6:15 – 6:45 Int Ballet Choreo
7:45 – 8:30 Int/Sr Tap
8:30 – 9:00 Int/Sr Musical Theatre
THURSDAYS
8:15 – 9:00 Int/Sr Contemporary

Competitive Legend:

- *- MANDATORY
- **- ONLY for APPROVED dancers
- ***- Placement based on assessment

SENIOR COMP

(Previously Intermediate Comp)

MONDAYS
5:30 – 6:15 Intermediate/Senior Stretch & Conditioning*
6:15 – 7:00 Int/Sr Hip Hop
7:00 – 8:00 Int/Sr Ballet Technique*
8:30 – 9:00 Acro 4
TUESDAYS
4:00 – 4:30 Senior Ballet Choreo
4:30 – 5:45 Senior Ballet Technique*
5:45 – 6:15 Senior Pointe
6:15 – 7:15 Int/Sr Jazz Technique*
7:45 – 8:15 Senior Jazz Choreo
WEDNESDAYS
4:15 – 5:45 Int/Sr Jazz Technique*
5:45 – 6:15 Int/Sr Lyrical
7:45 – 8:30 Int/Sr Tap
8:30 – 9:00 Int/Sr Musical Theatre
THURSDAYS
8:15 – 9:00 Int/Sr Contemporary

ACRO

MONDAYS
7:45 – 9:00 Acro 3 / 4 ***
THURSDAYS
4:45 – 5:15 Acro 1 (5/7)
5:45 – 6:30 Acro 2 ***

*** ACRO placement based on assessment ONLY; discretion of placement by Director

Competitive level placement is determined by Director; ALL placement decisions are final. ALL DANCERS MUST be assessed by Director before registering.

Studio89@live.ca
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PRE-SCHOOL PROGRAM	
AGES 2 - 6	
MONDAYS	
4:00 – 4:30	Primary Ballet / Acro (4/6)
TUESDAYS	
3:45 – 4:15	Baby Tap (3/4)
WEDNESDAYS	
3:30 – 4:00	Baby Hip Hop (3/4)
3:30 – 4:00	Pre-Primary Ballet/Jazz (4/6)
4:00 – 4:30	Baby Ballet (3/4)
FRIDAYS	
4:00 – 4:30	Creative Movement (2/3) *Parented*
4:45 – 5:15	Primary Hip Hop (4/6)
5:15 – 5:45	Primary Ballet/Jazz (4/6)
5:45 – 6:15	Primary Ballet/Tap (4/6)

NON-COMPETITIVE PROGRAM	
AGES 6 - 10	
WEDNESDAYS	
4:30 – 5:15	Level 1 Ballet/Jazz (6/8)
6:30 – 7:15	Level 1 Jazz/Musical Theatre (6/8)
7:15 – 7:45	Level 1 Tap (6/9)
THURSDAYS	
6:30 – 7:15	Level 2 Jazz/Lyrical (8/10)
FRIDAYS	
4:00 – 4:45	Level 2 Hip Hop (8/10)
4:30 – 5:15	All Dance 1 Ballet/Jazz/Musical Theatre (6/8)
5:15 – 6:00	Level 1 Hip Hop (6/8)
6:15 – 7:00	Level 2 Ballet / Jazz (8/10)

NON-COMPETITIVE PROGRAM	
TEEN	
THURSDAYS	
7:15 – 8:00	Teen Jazz / Lyrical (11 +)

ADULT WORKOUT	
TUESDAYS	
8:15 – 9:15	Adult Workout Class Strength & Conditioning
WEDNESDAYS	
9:00 – 9:45	Adult Beginner Tap

ACRO	
MONDAYS	
7:45 – 9:00	Acro 3 / 4 ***
THURSDAYS	
4:45 – 5:15	Acro 1 (5/7)
5:45 – 6:30	Acro 2 ***
<i>(Acro level is based on assessment; placed is made by Director and Acro instructor)</i>	
** ALL DANCERS who wish to take acro MUST also register for one other discipline/class **	

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